

Community Supports:

1.1 Goal: Individuals with developmental disabilities and their families will receive quality services and supports that are effective, responsive and timely.

1.1.1 Benchmark: Individuals with developmental disabilities and their families live inclusive lives and have the opportunity to fully access community options.



Strategies:

- 1.1.1.1 Area Board 5 will collaborate with local Child Care councils and community preschools to expand inclusive child care opportunities for children with developmental disabilities.

Cross Cutting:

Goal: Individuals with developmental disabilities and their families shall have inclusive lives and have the opportunity to fully access community options, regardless of language, race, ethnicity or sexual orientation.

Benchmark: Members of diverse communities in the Bay Area have access to information, education and resources in ways that reflect their cultural/ethnic/language preferences.

Strategies:



- Area Board 5 will support at least 5 parent directed groups that reflect and respond to the cultural, ethnic and language diversity of the area.
- Promote information and education for families and consumers in threshold languages of the Bay area. Area Board 5 will participate/ support/ provide technical assistance to at least 3 educational/informational events that target these populations.
- Utilize staff language skills to ensure that translated information is correct and culturally appropriate. Area Board 5 will edit/translate at least 10 informational documents into Spanish or Tagalog, as appropriate.
- Contribute and participate in educational and informational opportunities that target culturally diverse populations. Staff of Area Board 5 will make at least 5 presentations to culturally diverse groups.
- media to outreach to culturally diverse populations. Area Board 5 will make at least one presentation in Spanish over radio/TV to educate the general population on issues affecting individuals with developmental disabilities

Area Board 5 on Developmental Disabilities 2011 Strategic Plan Revised

Approved by Area Board 3/7/11

Goal: Individuals with developmental disabilities, their families and the community are informed regarding the issues that affect the lives of individuals with developmental disabilities

Benchmark Individuals with developmental disabilities, their families and their community know the issues that can affect them and what to do about it.

- Area Board 5 will provide support/technical assistance to at least one major conference that targets Spanish speaking families and consumers.
- Area Board 5 will coordinate at least one event that educates the community on legislative issues.
- Area Board 5 will make at least 6 presentations on topics such as Lanterman Act, special education, disaster preparedness, transition to adulthood and legislative advocacy.
- Area Board 5 in collaboration with other Area Boards and others will develop alternative methods (webinars, blogs, etc.) to assist individuals with developmental disabilities and their families in navigating the system and receiving information.



Goal: Area Board 5, through legislative and advocacy activities, will advocate for access to an array of quality services for individuals with developmental disabilities and families to choose from

3.3.1 Benchmark: Legislative representatives and the administration respond fully to the needs of individuals with developmental disabilities and their families. The public is aware of the needs of individuals with developmental disabilities.

Strategies:

- Area Board 5 will provide information and education to legislative representatives and their staff on the needs and issues affecting individuals with developmental disabilities and their families.
- Area Board 5 will take a leadership role in organizing at least one legislative event in the area on an annual basis.
- Area Board 5 will participate in the East Bay Legislative Coalition and respond to legislative proposals in light of their impact on the lives of individuals with developmental disabilities and their families.
- Area Board 5 will educate the local community on proposed laws or regulations that impact individuals with developmental disabilities and their families.
- Area Board will use newspapers, media and alternative media (web) to educate the public.
- Area Board 5 will work with other Area Boards to impact systemic and/or statewide issues

- Area Board 5 will advocate for legislation and public policy changes that enable individuals with developmental disabilities to get out of the poverty cycle

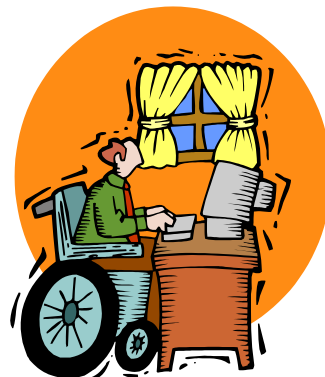
Education/Early Intervention:

Goal: Individuals with developmental disabilities and families in the Area will have the education and the supports they need.

Benchmark: Individuals with Developmental Disabilities and their families have access to information and education on issues of importance to them.

Strategies:

- Area Board 5 will provide information, support and advocacy to families with students receiving special education services
- Area Board 5 will provide information, support and advocacy to families seeking or receiving Early Start services



Bay

Goal: Students who exit the school system have a successful and smooth transition into adult life

Benchmark: Students with developmental disabilities and their families are aware of and receive the supports needed for a successful transition to adult life

Strategies:

- Area Board 5 will collaborate in at least 2 conferences that address Transition issues for individuals who will be leaving the school system.
- Area Board 5 will fund a project or projects that improves outcomes for students transitioning into adult life

Employment

5.1 Goal The full range of employment opportunities earning prevailing wages in a job of their choosing, based on their talents, skills, and interests are available to individuals with developmental disabilities.



5.1.1 Benchmark Individuals with developmental disabilities earn competitive incomes through their work

Strategies:

- 5.1.1.1 Area Board 5 will collaborate with supported employment providers, education agencies, Project Search and employers to expand Project Search to new sites. Area Board 5, in collaboration with others, will educate the community on the successes of this model.
- 5.1.1.2 Area Board 5 will promote increased opportunities for individuals with developmental disabilities to earn competitive income through employment, self employment or other

Health

Goal Individuals with developmental disabilities and their families have access to quality, affordable and accessible health care services.

Benchmark Health care services are available to individuals with developmental disabilities when they need them

Strategies:

- Area Board 5 will collaborate with Family Voices, California and others to increase health access to children with special health care needs and individuals with developmental disabilities and to educate families on how to advocate for their children's health needs.
- Area Board 5 will inform and educate individuals with disabilities and their families regarding changes to health care, including MediCal managed care



Housing

Goal Individuals with developmental disabilities have access to affordable and accessible housing options in their community

Benchmark Individuals with developmental disabilities live in the community in the place of their choice



Strategies:

- Area Board 5 will collaborate with non-profit housing corporations to monitor and influence the housing plans of municipalities to reflect the housing needs of individuals with developmental disabilities.
- Area Board 5 will work with housing corporations and others to increase availability of affordable, accessible housing for individuals with developmental disabilities

Quality Assurance:

Goal: Area Board 5 will enhance its role as a liaison with governmental and non-governmental agencies through collaboration.

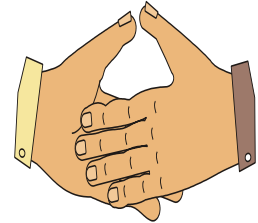
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Benchmark: Stakeholders representing the diversity of our community work together to protect the rights of individuals with developmental disabilities and to ensure their inclusion in the community.

Strategies:

- Area Board 5 participates in a variety of collaborative groups and ventures such as: Housing Consortium of the East Bay, West Bay Housing, Service Providers Education Committee, Marin Autism Collaborative, County Transition Task Forces, Congreso Familiar, Child Care Council, East Bay Legislative Coalition, Provider Vendor Advisory Committee, Service Providers Advisory Committee, Bay Area Quality Management System, Self Advocacy Conference, local DD Councils, Family Resource Centers, Resource Development committees, etc.
- Area Board 5 collaborates with regional centers and local education agencies as appropriate.
- Area Board 5 will facilitate resolution of at least 5 complex individual cases at the request of the individual, family, regional center or service provider. (QA 2.1)



Goal: Area Board 5 will empower individuals with developmental disabilities and their families through education and advocacy in navigating our system.

Benchmark: Individuals with developmental disabilities and families receive the supports and services they are entitled to under the law.

Strategies:

- Area Board 5 will provide advocacy to 40 individuals with developmental disabilities and/or families. This advocacy may include systems navigation, technical assistance, information, attendance at meetings (IPP, IFSP, IEP) and assistance with due process as appropriate.
- Area Board 5 will work with parent organizations to develop parents who are mentors and leaders to assist other parents. Provide at least 3 trainings to groups of parent leaders/mentors on rights under the Lanterman Act, Early Start, IDEA and/or Early Intervention Services

Goal: Area Board 5 in collaboration with community partners will develop a quality assurance processes to ensure that people receive the services they are entitled to.

Benchmark: Individuals with developmental disabilities and their families are satisfied with the services and supports they receive

Strategies:

- Area Board will conduct NCI surveys as determined by contract.
- Area Board 5 will collaborate with regional centers in the catchment area in quality assurance activities as appropriate.

Goal: Individuals with developmental disabilities and their families will have control, choice and flexibility in the services they choose to receive.

8.6.1 Benchmark: Individuals with developmental disabilities know their rights and responsibilities and know how to advocate for themselves. Individuals with developmental disabilities direct their own non-profit self-advocacy organization and its chapters.

Strategies:

- 8.6.1.1 Area Board 5 will provide support, facilitation and technical assistance to Bay Area People First and five chapters of the organization.
- 8.6.1.2 Area Board 5 will collaborate with self advocates and professionals on the Self Advocacy conference. At least 200 self-advocates will attend.
- 8.6.1.3 Area Board 5 in collaboration with local People First groups will provide at least 5 presentations on topics of interest to self advocates
- 8.4.1.1 Area Board 5 will support the Bay Area People First organization in maintaining their non-profit status, community participation and fiscal management.



Governance:

Goal: Area Board 5 will have an inclusive board that represents the communities that we serve, embracing the principles and practices of inclusion and self-determination.

Benchmark: The Area Board has a full board that represents and understands the diversity of our community and who are active and effective in their duties as established in law.



Strategies:

- There will be a minimum of one Board Meeting in each of the counties that the Area Board serves.
- There will be outreach to the community in each county to bring their needs/issues/accomplishments to the Board meeting. A portion of the Board meeting will be dedicated to listening to the community.
- The Board will present local issues to the State Council on a regular basis.
- The Board will be informed on local, state and federal issues on a regular basis.
- The Board will evaluate the Executive Director on an annual basis, which may include seeking comments from the local developmental disabilities community; utilizing a tool developed and approved by the board.